



# THE HATCH HERALD



DECEMBER 2017/JANUARY 2018



The Monthly Magazine for Members and Friends of  
St. Anne's Church Larkshall Road Chingford  
(CHURCH OF ENGLAND)

SERVICES AT ST ANNE'S		
DATE	TIME	SERVICE
Sunday 3rd December Friday 8th December	10:00 10:00	Parish Eucharist Holy Communion
Sunday 10th December Friday 15th December Saturday 16th Dec.	10:00 10:00 1030	Parish Eucharist Holy Communion Hatch Carols
Sunday 17th December Friday 22nd December	10:00 1730 10:00	Informal Eucharist Carol Service Holy Communion
Sunday 24th December  Monday 25th December Friday 29th December	10:00 16:30 23:30 10:00 10:00	Parish Eucharist Christingle Service Midnight Eucharist Parish Eucharist Holy Communion
Sunday 31st December Friday 4th January	10:00 10:00	Parish Eucharist Holy Communion
Sunday 6th January Friday 11th January	10:00 10:00	Parish Eucharist Holy Communion
Sunday 13th January Friday 18th January	10:00 10:00	Parish Eucharist Holy Communion
Sunday 20th January Friday 25th January	10:00 10:00	Informal Eucharist Holy Communion
Sunday 27th January	10:00	Parish Eucharist



**Diary dates**

**December**

**Tuesday 5th**  
8pm M.L.T

**Wednesday 13th**  
8pm Pastoral committee

**January**

**Saturday 6th**  
10am –12 noon  
Mini Market for Crisis

**Monday 8th**  
8pm Projects & Events  
Committee

**Monday 15th**  
8pm PCC meeting

**Regular Events at  
St Anne's**

For information on the  
study/prayer groups  
please see your weekly  
newsheet



**SPIRITUAL DEVELOPMENT AND  
PRACTICE SERVICE**

**Chingford Old Church, 121 Old  
Church Rd, London E4 6ST**

The first Saturday of the month at  
5.30pm

**ALL ARE WELCOME**

*Jan Hawkins*

**We do not publish in January, so the next edition of the Hatch Herald will be in February. If you have any news or articles you would like to share for the February issue of the Hatch Herald, please submit by Sunday 13th January preferably by EMAIL TO: [janicegar@talktalk.net](mailto:janicegar@talktalk.net)**

*I look forward to hearing from you if you have any comments to make regarding the Hatch Herald or would like to share any news,, tips, recipes etc*

## News from the Vicarage



By the time the HH hits the streets our annual Bazaar will be all done and dusted. So a huge thank you to everyone who contributed their time, effort and work to make it the success it has been. As we approach Christmas it is always a good idea to say thank you to all the people who make our parish the warm, loving, welcoming and inclusive place it is. The trouble with writing a list of people is the inevitability of accidentally overlooking someone – and I don't want to do that, so if I have please accept my heartfelt apologies. Nevertheless, to Mick and Jenny, the ministry team, to Andy our treasurer and our PCC and the members of the various committees, to Val and Heather our Church wardens, to Beryl and team who keep the centre up and running as well as the women's fellowship, to Peter for the music, to Anthony, Steve and Mark who can always be relied on to do stuff that age and inability tends to be beyond the reach of the rest of us and the countless other ways you serve our community. To all those who are on the Rota, and to the brave and committed few who keep the tea and coffee rota going. To Cathy our new publicity officer – beavering away to get a new web-site up and running and who manages our Face Book page. To Jean Mayhew and Clarrie for the flowers, those who help with Scramblers and Ramblers, to Janice for the Hatch Herald and to all of you for all that you do, your prayers and support, your presence. Thank you.

Advent is a time of both looking forward and back. Forward to the birth of new hope, writ large in the stable of Bethlehem. Back to ask ourselves how well we have served the infant king. Back also to remember those who will not be with us this Christmas and to give thanks for all that they have meant to us. We remember especially, Joan Trapnell, Linda Smith-Pryor, Fred Banks and Ken Howland. Without them our community is that much the poorer and we give thanks for the witness of their lives and hold in prayer this Advent and Christmas the families and friends they leave behind to mourn. As we do all who are in sadness at this time.

Christmas, though, above all other things is a time of hope. Although we have commercialized the hope into the buying of things my mind keeps on going back to last year when I sat, albeit briefly, in the church of the Nativity in Bethlehem at the place where tradition holds that Jesus was born. There is in the grotto beneath the sanctuary a simple star with the words '*Hic De Virgine Maria Jesus Christus Natus Est*' engraved round the edge. Here the Virgin Mary gave birth to Jesus Christ. The vision he gave to the world is as fresh now as it was then. The revelation that God is love and would pour himself out for our sake: That God is on the side of the poor and vulnerable and that his followers should be the same. And that most fundamental of all beliefs – we matter to God. We matter so much that he became one of us to walk alongside us, to suffer with us, to see the world through our eyes.

Christmas is the gift of God to the church and the gift of the church to the world. The only present worth having – the presence of God.

May I wish all our readers a very happy and holy Christmas – don't forget Christingle and Midnight Mass! And may I also on behalf of the ministry team wish you every best wish for the year to come

***Peace and love:  
Jude, Kerry, Albert, Arthur, Amber and Ava.***

**And do not forget to remember' (Deuteronomy 8: 11)**

Reflections on November, the Kingdom season and a time to remember

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How do I know I am me – when I blearily look in the mirror of a morning? Well the answer is I remember being me, which is why I know I am not looking at an aging stranger. It is thought that our long-term memory, which is anything we retain after 30 seconds from learning it, has an unlimited capacity and many believe that nothing is ever lost from it, our difficulty as we get older is retrieving memories, not losing them. Cognitive psychologists have also shown that everyone's long-term memory is comprised of different stores. There is the 'episodic store' – the memories of people and events which have made me who I am. There is the 'semantic store' which contains all the things that mean something to me – from my ability to learn, use and remember language and numbers through to hopes, knowledge of the world, science, literature, art, music and beliefs. I know I am who I am because of a vast amount of memories, which are readily accessible when looking in the morning mirror.

However, do not exist in a vacuum. The memories that make me, me, have arisen within the setting of a family and early years nurture. A family arises within the setting of a place, culture and society – which itself knows who it is through our communal, collective, memory – and our communal, collective, memory emerge within a species – the human species. The one human family in its diverse and manifold ways of life and ways of being. Each one of us, looking in that mirror first thing and remembering who we are, happen to be not just our individual timeline of memories but the embodiment of the collective memory of the human species.

Memory, though, is not just the totality of a series of events which tell us who we are it is also the necessary and only basis which informs us of what we should do. We learn, or at least we have the possibility of learning from painful memories. And the most powerful lesson we can

learn from those painful memories is not to repeat the events which gave rise to them in the first place.

Remembrance Sunday is a collective painful memory. The brutal scars which have carved their names deep in the wounded human psyche of today: The Somme, Paschendale, Arnhem, Auschwitz, Hiroshima, Kosovo, Afghanistan, and the countless other scenes of inhumanity which give a name to the brutality we as a species are capable of towards each other.

We sometimes use the phrase 'living memory' meaning that some of those who were there are still here. But in many ways, this is a mistake, because what we all share – regardless of our age – is collective memory. We are not born as blank sheets of paper, a tabula rasa, upon which only the present writes its prose. We are shaped, biologically and psychologically by the preceding generations, there is not one of us alive today who either did not lose a member of their immediate family in the conflicts of this and the last century or who were not psychologically scarred by it. They may have perished before we were born but we are their DNA, their ongoing life in this world.

It is a story I have told before. But my family only has three photographs of my paternal grandfather. One looking very smart, youthful, dapper and energetic in his uniform before the 1<sup>st</sup> world war. The second is his wedding photograph to my grandmother in the mid 1920's in which he is bloated and very probably not entirely sober. The final photograph, taken a year or so before he died, shows him to be emaciated and stooped holding a baby – my father. His story is very simple, and it is the story of so many who came back when the guns on the field fell silent. The guns in his head were never silenced by the armistice. When he left the trenches and the butchered generation who stained the green fields of Flanders red with their blood, he took

them home and drank and drank and drank to numb the pain of their presence, until the drink finally took him, no less than the guns and gas did to his friends who never came home. Part of my make up is inherited from my father and even though he died before my Dad could know him, part of my Dad's make up was his Father. We are not solitary individuals coming together to form society, we are the embodiments of all that has gone before. We are the tellers of the story which shaped us. But we are more than tellers – we add our chapter to the story.

Coming together to remember is hugely important. We must never, ever, pretend to forget. Almost everything we take for granted in the social democracies of this continent was brought in the life blood of those who fell. Those who sacrificed their tomorrow for our today. There is no other emotion we could have other than gratitude. What we are, was bequeathed to us by them. And as already said, what we are - is their DNA.

Undeniably many good things grew out of those terrible conflicts: the UN, equal rights, human rights, the belief that people are not born to rule, but must first be elected. A freedom granted to most that no preceding generation had ever enjoyed. In our country, the National Health Service, compulsory education for all, health and learning not just for the privileged few, but for the many. A recognition that different cultures and beliefs are equal to the ones we are familiar with and have as much right to live and flourish as ours. It is a sobering thought that if arms had not been taken up in the last war against fascism, today's world would be a much darker and more demonic place.

But beautiful consequences do not justify evil actions. And let us not make the mistake of ever thinking that war is noble or glorious or necessary. Violence begets violence and all of today's conflicts have their origin in the past violence of one group of human beings against another. One group believing they are better or have more rights or feel that it is ok to exploit those who cannot at the time defend themselves. Wilfred Owen, from the hell he endured in the first world war wrote:

*"If you could hear, at every jolt, the blood  
Come gargling from the froth-corrupted lungs,  
Obscene as cancer, bitter as the cud  
Of vile, incurable sores on innocent tongues,  
My friend, you would not tell with such high zest  
To children ardent for some desperate glory,  
The old lie: Dulce et Decorum est  
Pro patria mori."*

There is, as Owen learned, from that most bitter of all bitter experience, nothing 'sweet or right' in being sent out to die for any cause or country. At the end of our Remembrance service, as we do most years, we will quite rightly sing our national anthem, which is after all a prayer. We do so not out of misplaced patriotism but because the fallen are us and we are them. There is nothing better about 'us' or our community of the United Kingdom than the 'us' of any other part of this one earth, this planet, our mother, which is home to us all.

Our remembering, our telling of the story, would be incomplete if we did not add our chapter. If we are not prepared to learn from the horror and bloodshed that there is no glory or honour in the butchery of war. Remembering is never just looking backwards. It is also looking forwards, learning from the past and working together for a world in which it never happens again. It is teaching our children that hatred and resentment is unworthy of us and must be cast aside. Violence is endlessly wrong. Peace is not the absence of war, but the presence of God's will in which all his children may flourish in this our earthly pilgrimage.

In our remembering let us commit ourselves once more to that beautiful vision of Isaiah, so that our children's children do not look back on us and ask why we did nothing:

*"And he shall judge among the nations,  
and shall rebuke many people: and they shall  
beat their swords into plowshares, and their  
spears into pruninghooks: nation shall not lift up  
sword against nation, neither shall they learn  
war any more."*

**Jude**

## Do you shop at the Hatch Co-op?

*If so you can help support St Anne's Pre-School ..*

The Co-op in Hatch Lane has chosen St Anne's pre-school as one of their Local Community Fund Projects, and card holders will be able to nominate their chosen charity.

Every time members shop at the Co-op 1% of what they spend on selected own-brand products goes to the Co-op Community fund. They will also give causes in the local community an equal share of money raised from carrier bag sales.

***The pre-school would like you to nominate them as they would like to develop the garden area for sensory activities: with a focus on smell and colour; create an outdoor storyteller circle with teller chair; and create weatherproof visual displays on the fences.***



## The sound of music



Got demanding work to do? Put on some classical music. Listening to upbeat classical music may well enhance your brain power, and is better than working in silence.

Such are the findings of a study at Radboud University in Holland. It found that a person's ability to come up with creative answers to complex problems is boosted by upbeat, happy classical music. On the other hand, avoid downbeat or anxious compositions, which will not inspire you to solve anything very much.



### From John Wood's Library

In our dealings with one another, it is often far too easy to nurture a heart of stone. Let us work hard to discover our hearts of flesh – the kind and generous approach – but also, as Christians, let us strive to speak as one united family.

Andrew James

The only thing necessary for the triumph of evil is for good men to do nothing.

Edmund Burke

Instead of loving your enemies, treat your friends a little better.

Ed Howe

### BIBLE QUOTE:



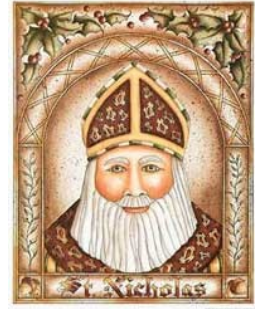
My brothers, not many of you should become teachers, for you may be certain that we who teach shall ourselves be judged with greater strictness. All of us often go wrong; the man who never says a wrong thing is a perfect character, able to bridle his whole being.

If we put bits into horses' mouths to make them obey our will, we can direct their whole body. Or think of ships: large they may be, yet even when driven by strong gales they can be directed by a tiny rudder on whatever course the helmsman chooses. So with the tongue. It is a small member, but it can make huge claims.

James ch. 3 vs 1-3

# Holy Days for December

## St Nicholas – patron saint of children



Father Christmas seems to be as old as Europe. Once he was Woden, lashing his reindeer through the darkness of northern midwinter. Then he encountered the Church, and She transformed him into a saint, the much-loved Nicholas, Bishop of Myra (in south-west Turkey) in the fourth century. St Nicholas became the patron saint of children, and was given 6<sup>th</sup> December as his day.

Since the 6th century St Nicholas has been venerated in both East and West, though virtually nothing is known of his life. Some believe he may have been one of the fathers at the Council of Nicea (325), imprisoned during the Emperor Diocletian's persecution.

According to legend, Nicholas was an extremely generous man. He revived three schoolboys murdered by an innkeeper in a tub of pickles. He rescued three young women from prostitution by giving their poverty-stricken father three bags of gold. (Hence the use of three gold balls as the pawnbroker's signs.)

Over the centuries many people 'on the fringe', including children, sailors, unmarried girls, pawnbrokers and moneylenders have claimed him as their patron.

Perhaps it was on account of St. Nicholas' generosity that in recent centuries children began to write little notes sometime before 6<sup>th</sup> December, to tell him about the toys they specially wanted. These notes were then left on the windowsill at night - or else on a ledge in the chimney.

But St Nicholas Day chanced to lie in the magnetic field of a much more potent festival.... and after awhile his activities were moved towards Christmas. Then in Bavaria the children still left their notes on the windowsill, but they addressed them to Liebes Christkind - Krishinkle as they knew him - and the saint's part in the matter was simply to deliver the letters in heaven.

The most popular result of the cult of St Nicholas has been the institution of Santa Claus. He is based on Nicholas' patronage of children and the custom in the Low Countries of giving presents on his feast. Santa Claus has reached his zenith in America, where the Dutch Protestants of New Amsterdam (New York) united to it Nordic folklore legends of a magician who both punished naughty children and rewarded good ones with presents.

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### Wise Words!

*A rabbi and a soap-maker went for a walk together. The soap maker said, 'What good is religion? Look at the trouble and misery in the world after thousands of years of religion. If religion is true, why should this be?'*

*The rabbi said nothing. They continued walking until he noticed a child, filthy with mud and grime, playing in the gutter. The rabbi said 'Look at that child. You say that soap makes people clean. We've had soap for generations, yet look how dirty that child is! What value is soap?'*

*The soap maker protested, 'but rabbi, soap can't do any good thing unless it is used!'*

*'Exactly,' smiled the rabbi.*

## Report from November PCC meeting

At our November, the PCC agreed the Budget for the church for 2018 proposed by Andy Crawford, our treasurer. Andy had taken a realistic view of prospects based on the latest trends. As a result the Budget showed a deficit for 2018, with our spending likely to exceed our income. The growing gap between our income and expenditure had been highlighted in the presentation that Lindsey Archer, our Free Will Offering Officer, had made at the Sunday Eucharist on 19<sup>th</sup> November. PCC agreed that we would need to do all we could through FWO and other means to close this gap and put ourselves on a better footing for the future.

Repairs and maintenance are an issue at present. The annual heating service showed that we must replace the heaters in the Centre main hall. Replacements have been ordered and will be installed as soon as possible. Some Centre groups are meeting in the Church meantime. We also plan to have the lower flat roof of the front hall re-felted, following recent leaks. And we need to improve security around the Church and Centre and have asked 3 companies to quote to install a CCTV system.

Looking ahead, we discussed plans for Christmas and agreed to have a big publicity drive for the main services – the Carol Service, Christingle Service, and the Christmas Eve and Christmas Day Eucharists. – and to invite guests to join us at the Carol Service.

Finally, we spent time reviewing how we are doing on themes highlighted by the diocese, focusing on the plans we agreed last year to strengthen our outreach, and our plans to explore spirituality through the Year of Seasons. All churches are asked to feed back to their Archdeacon on this, so we shall be sending a note on our reflections to Elwin Cockett, the Archdeacon of West Ham.

Heather Gwynne



### ***Looking back on the year...***

War loves to seek its victims in the young. - *Sophocles*

My political ideal is democracy. Everyone should be respected as an individual, but no one idolized. - *Albert Einstein*

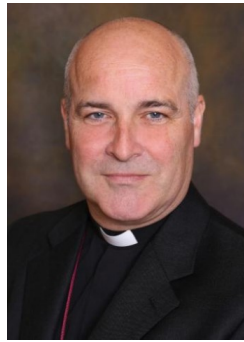
History repeats itself, that's one of the things that's wrong with history. - *Clarence Darrow*

It is ideas, not vested interests, which are dangerous for good or evil. - *John Maynard Keynes*

Unquestionably, there is progress. The average worker now pays out twice as much in taxes as he formerly got in wages. - *Henry L Mencken*



## Bishop Stephen's Christmas Message 2017



Venting his fury at a potential rival, Herod plays a percentages game: he spreads the net of his anger widely; kills every boy under two in order to ensure he kills just one. He fails. Fury and anger usually do - though that is scant consolation to the mourning families of the innocent who suffer.

Meanwhile Jesus, the Saviour who is saved, is visited by unlikely people: in this case, shepherds and foreign rulers. The shepherds, virtual outcasts in their own society and looked upon with grave suspicion, hear a song of peace. It is deeply attractive, and it sends them to Bethlehem.

The wise men have followed a hunch in the form of a star. They are about to learn that all their maps are wrong. They will return by a different route.

Tyrants like Herod still strut about the world today, their vanity and hubris still causing havoc and misery. But the door of the stable at Bethlehem still stands open for those who long for peace and those prepared to have their lives redirected. Might you be one of them?

Have an interesting Christmas!

***Rt Revd Stephen Cottrell Bishop of Chelmsford***

## Winter Trees

Winter trees, of growth denuded  
Bow their heads to wind and snow  
Bow towards a lonely stable  
Unto which some shepherds go.  
Trees that seem so cold and lifeless  
Bow toward that heavenly glow.

In that shed, a new-born infant  
Bathed in golden lantern's light  
Shepherds kneel in awe and wonder  
At the gift of God this night.  
E'en the trees so bare do whisper  
Wondrous praises at that sight.

Winter trees will soon be verdant  
When the winter turns to spring.  
We, like them, can be as joyful  
Death has lost its fatal sting.  
For that babe within a manger  
Brings good news of which we sing.

Glory be to God in Heaven  
Glory be to God, we cry  
For His gift, so freely given  
His own precious Son to die.  
Alleluia! Alleluia!  
We can live with Him on high!

*By Nigel Beeton*

## A Prayer at Christmas Time

Father of all good gifts,

Thank you for the greatest gift of all – your precious Son, Jesus. Thank you that He chose to live with us so that all who trust Him will one day live with you in peace and wholeness.

Help us Father, this Christmas, to keep you at the centre of our celebrations and, in the midst of all the busy-ness and rush, to know your presence and the peace that only you can give. And Lord, may we reflect your love to those who don't yet know that you are real and alive and able to help, whatever their situation. In Jesus' name, Amen.

*By Daphne Kitching*

## Church News



### ***Church of England reaches more than a million on social media every month***

More than a million people are being reached every month with the Christian message on social media, a year after the Church of England adopted a new digital approach, new figures show.

Videos, podcasts, blogs and images including prayers are reaching an online audience of 1.2 million a month through Facebook, Twitter, Instagram and LinkedIn, according to the statistics from the Church of England digital project.

During Christmas 2016, 1.5 million were reached through the Church's award-winning #JoyToTheWorld campaign featuring short films. A further 2.5 million were reached during Lent, the season before Easter, through the #LiveLent 2017 project

### **Writtle Singers**

Wednesday 13 December 8.00pm

#### **Carols by Candlelight**

Beautiful seasonal music & refreshment; carols to join in  
All Saints' Church, Writtle CM1 3EN  
[www.writtlesingers.org](http://www.writtlesingers.org)

### **VALENTINE SINGERS**

Saturday 16 December 7.30pm

#### ***A Dream of Christmas***

featuring *Brother Heinrich's Christmas* (Rutter) plus  
favourite audience carols and seasonal refreshments  
St Andrew's Church, The Drive, Ilford IG1 3PE

Saturday 20 January 10am for 10.30am–4.30pm

#### **Open workshop: Stravinsky *Symphony of Psalms***

Seven Kings High School, Ley Street, Ilford IG2 7BT

[www.valentinesingers.org](http://www.valentinesingers.org)



**WORKSHOPS**

Monday 18 December 10am – 4.30pm (now FULL)

Thursday 21 December 10am – 4.30pm

#### **Sing the Season**

**Priory Church of St Laurence, Blackmore CM4 0RN**

*"the perfect antidote to the stress of the pre-Christmas period"*

See [www.arbutusmusic.net](http://www.arbutusmusic.net)

**Further info for ALL these events: 01708 688 572**

### **Forest Recorded Music Society**

(affiliated to the Federation of Recorded Music Societies)



**Meets fortnightly on Friday evenings  
at 7.30**

All Saints Church Hall

Church Avenue, Highams Park.E4

Contact : Andrew Golds 0208 531 2938  
or V and A Books and Gifts 8531 5695

*If you enjoy listening to classical/light classical music in the company of like-minded people then this society is for you.*



## Smiles

### If you are travelling this Christmas, look out...

In a Swiss mountain inn: *Special today - no ice cream.*

At an airport in Denmark: *We take your bags and send them in all directions.*

In a New York restaurant: *Customers who find our waitresses rude ought to see the manager.*

On the door of a Moscow hotel room: *If this is your first visit to the USSR, you are welcome to it.*

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## Facebook

Thank the Lord for Facebook. Otherwise I'd have to call 674 people today to tell them I just went Christmas shopping.

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## Why Bethlehem?

A minister asked his Bible class: 'Why was Jesus born in Bethlehem?'

A student replied, 'Because his mother was there.'

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## The name of God...

A little boy arrived at the gate of heaven. There he met an angel. 'Before you come in, can you tell me God's name?' said the angel. 'Oh, that's easy,' the little boy replied, 'His name is Harold.' 'What make you think His name is Harold?' the angel asked incredulously. The little boy explained: 'Because at Christmas we sing "Hark while Harold's angels sing..." and also, when we pray, we say: "Our Father in Heaven, Harold be Thy Name..."'

## In the Month of November

150 years ago: on 6<sup>th</sup> Dec 1867 that (Marie) Jean Pierre Flourens, French physiologist and educator died. He was the first person to prove that the mind is located in the brain and not the heart. Does this mean we should be guided more by reason than feeling? He was also a pioneer of anaesthesia.

125 years ago: on 18<sup>th</sup> Dec 1892 that Tchaikovsky's ballet The Nutcracker was performed for the first time, at the Mariinsky Theatre, in St Petersburg, Russia.

75 years ago: on 1<sup>st</sup> Dec 1942 that the British Government published the Beveridge Report, which formed the basis of the welfare state.

65 years ago: on 5<sup>th</sup> Dec 1952 that the Great Smog of London took place. Dense, cold, smoke-filled fog descended upon London, bringing the city to a standstill for four days. More than 4,000 people died.

60 years ago: on 25<sup>th</sup> Dec 1957 that Queen Elizabeth II's Christmas Message was televised for the first time.

50 years ago: on 3<sup>rd</sup> Dec 1967 that the world's first successful human heart transplant was performed by a team led by Dr Christian Barnard in Cape Town. The patient, Louis Washkansky, survived for 18 days before dying from pneumonia due to a weakened immune system.

40 years ago: on 16<sup>th</sup> Dec 1977 that Heathrow Central (now Heathrow Terminals 1,2, 3) opened at Heathrow Airport as a station on the London Underground. It was the first airport in the world to be directly served by its city's underground railway system.

30 years ago: on 25<sup>th</sup> Dec 1987 that in the British TV soap opera Coronation Street, Hilda Ogden left the street to become her doctor's housekeeper in the country. It was one of the most-watched episodes in the show's history.



## CHRISTMAS CARDS

Time to write your Christmas cards again – what designs have you picked to send this year? Are they religious ones?

Look in the shops at all the different designs, traditional and modern. Traditional religious cards have usually included the nativity – Mary, Joseph and the baby Jesus. But what else would you count as religious? The Three Kings? The Bible doesn't say they were kings, or that there were three; just that they were Wise Men, who travelled far to bring special gifts for the baby Jesus.

Do you know why there are so many robins on Christmas cards? The first postmen in Victorian times wore red and were called robins, so robins were shown as delivering cards.



Whatever kind of card you send this year, be sure to include a kind message with love for your friends. Our love is a tiny echo of God's love for all the world.

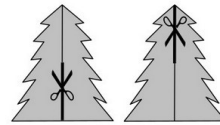
## CARD or DECORATION

Here is a simple 3-D Christmas tree that you can use as a decoration or a card. You will need green card, crayons, glitter or paint, scissors and sticky tape.

Fold a piece of card in half, then cut it in half. Put the two pieces together and fold them in half again.

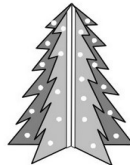
Draw half a Christmas tree opposite the fold. Cut along the line and you will have 2 identical trees. Fold the trees in half, very lightly, hardly creasing the centre line to mark the centre of the tree.

Cut a slit along the bottom half of the centre of one tree and along the top half of the centre of the other tree.



Slip the two trees together along the slits. To help the tree to stand firmly, use sticky tape to fasten the parts together where they meet.

Decorate the tree. If you are using it as a card then leave an area free of decorations so that you can write on it.



*What goes red white red white red white?*

*Santa rolling down a hill.*



## A Pilgrimage to the Holy Land

30th October– 6th November 2018  
With Ms Jan Hawkins

Eight days based in Jerusalem & Galilee

*Taking in the sites where the most important events in Our Lords life and ministry took place in Jerusalem and Surrounding are and further north in Galilee*

For further information please call Ms Jan Hawkins tel: 0208 531 976 Email jan@janhawkins.co.uk

There is a leaflet with full information at the back of the Church

## Flower Rota



*There is a flower rota at the back of the church  
If you would like to make a donation to celebrate a special event or the life of a loved one, there are envelopes and prayer card available.*

## GREETINGS CARDS

*There is a lovely display of handmade cards for sale on the table at the back of the church*

*Please feel free to look through them and if you find something you would like please give the monies to Eira*



*ALL PROCEEDS GO TO ST ANNE'S*



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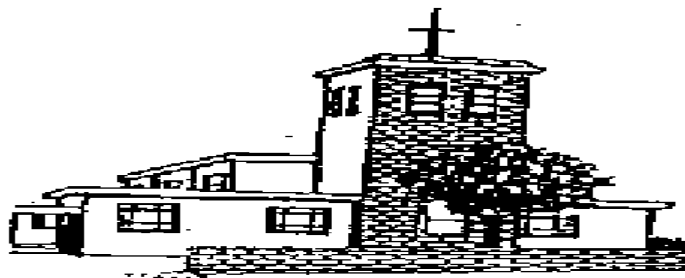


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## ST ANNES CHURCH CENTRE – REGULAR USERS

### Hall Bookings: 07963 248384

From Monday 2<sup>nd</sup> October 2017

	TITLE	HALL / CLUBROOM	TIMES	HOURS	WEEKS
Mon	Pre-school	C	0900 – 1500	6.0	36
	Line Dancing	H	1000 – 1200	2.00	40
	Women’s F’ship	H	1345 – 1445	1.0	36
	‘Footsteps’	H	1600 – 1830	2.5	40
	‘Footsteps’	H	1630 – 1730	1.0	40
	Ju-Jitsu Club	C	1930 - 2100	1.5	48
	Yoga	H	1930 – 2045	1.25	48
Tue	Pre-school	C	0900 – 1500	6.0	36
	Weight Watchers	H	0930 – 1100	1.5	48
	Brownies	H	1745 – 1915	1.5	36
	Weight Watchers	C	1900 – 2000	1.0	48
	Bridge Club	H	1930 – 2230	3.0	48
Wed	Pre-school	C	0900 – 1500	6.0	36
	Tai Chi	H	0930 – 1130	2.0	48
	Keep Fit	H	1345 - 1515	1.5	40
	Weight Watchers	C	1730 – 1830	1.0	48
	Pilates	C	1930 – 2030	1.0	48
	Beavers	H	1730 – 1830	1.0	36
	Cubs	H	1840 – 2010	1.5	36
	Scouts	H	2015 – 2130	1.25	36
Thurs	Pre-school	C	0900 – 1500	6.0	36
	AA	C	1600 – 1730	1.5	48
	Brownies	H	1815 – 1945	1.5	36
	Rainbows	C	1815 – 1915	1.0	36
	Pilates	C	1930 - 2030	1.0	48
Fri	Pre-school	C	0900 - 1200	3.0	36
	Coffee	H	1030 – 1100	0.5	N/A
	Yoga	H	1100 – 1215	1.25	48
	Toddlers	C	1300 – 1400	1.0	36
	Toddlers	H	1400 – 1500	1.0	36
	Badminton	H	2015 – 2145	1.5	40
	Sat	Larkswood Ward Surgery	C	1000 – 1100	1.0
Mini Market		H	1000 – 1200	2.0	(1 <sup>st</sup> in the month Jan-Oct)
Royal British Legion Karate		H	1000 - 1200 1700 – 1800	2.0 1.0	(4 <sup>th</sup> in the month) 48
Sun	Scramblers	C	1000 – 1100	1.0	
	Coffee	H	1115 – 1200	0.75	
	Simple Lunch	H	1230 – 1400	1.5	(4 <sup>th</sup> in the month)

18/9/17

## WHO'S WHO AT ST ANNE'S

### Our Clergy:

**Vicar:** Revd Jude Bullock 020 8529 4740  
(Day off—Tuesday)

**Assistant Curate:** Revd. Mick Scotchmer 020 8504 7497  
(Day off-Saturday)

**Licensed Reader:** Jenny Howland 020 8504 2348

### Our Church Officers:

#### Churchwardens:

Heather Gwynn 020 8505 1364  
Val Woodward 07831335419

#### Secretary to the Parochial Church Council:

Heather Gwynn 020 8505 1364

**Treasurer:** Andy Crawford 020 8527 6512

## Useful local numbers:

Age Concern - 558 5512  
Credit Union - 8520 8740  
Chingford Police - 8529 8666  
Library, North Chingford - 8496 1070  
Longshaw Primary School - 8529 5693  
Samaritans - 8520 9191  
(24 hour emotional support line)  
Waltham Forest Direct - 8496 3000  
Whipps Cross Hospital 8539 5522

## ORGANISATIONS MEETING IN THE CENTRE

ORGANISATION	CONTACT	TELEPHONE NO
Alcoholics Anonymous		0845 769 7555
Badminton	Susan Turner	8524 4679
Beavers	Barbara Rouse-Booth	07961 316389
Bridge Club	C G Mayhew	8527 4317
Brownies (Tues)	Sarah Harrington	8529 2668
Brownies (Thurs)	Caroline Rouse	8529 3688
Cubs	Alice Robinson	07826 556327
'Footsteps' Dancing School	Caroline Randall	01277 416253
Ju-Jitsu	Richard King	07884 233477
Karate	Sensei Dmitriy	07789 961674
Keep Fit	Christine Hollington	8508 1590
Line Dancing	Janis Willingale	8502 5582
Pilates Class	Gemma Drake	07399 052084
Pre-School PG	Nicola Thurbon	07941 517751
Rainbows	Debbie Watson	8527 5016
Royal British Legion	Roy Verity	07832 110143
Scouts	Alice Robinson	07826 556327
Taoist Tai Chi Soc	Eleonora Spencer	8504 9808
Toddler Group	Beryl Stratton	8524 2655
Weight Watchers (Tues morn)	Terri Reding	07941 159634
Weight Watchers (Tues even)	Terri Reding	07941 159634
Weight Watchers (Wed)	Jane Rappoport	07984 880899
Women's Fellowship	Beryl Stratton	8524 2655
Yoga (Monday)	Mohini Chatlani	07903 397070
Yoga (Friday)	Shahana Yasmin	07950205893

### The Hatch Herald Editor:

Janice Gariazzo  
janicegar@talktalk.net

### Production Team:

Jude Bullock  
John Wood

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